

Bridge– Mary Hartnett



Another great turnout this week for the Charity Night at Cork Bridge Club.

Some useful information about the Game of Bridge, especially for newcomers:

This year the Contract Bridge Association of Ireland (CBAI) is having a major promotion on the game of bridge throughout Ireland. The basic aim is to get people to learn this great card game and then experience the joy and pleasure that bridge will give them when playing in a bridge club.

Who plays Bridge?

From 6 years to 100+ years, able-bodied or physically challenged, male or female – everyone can learn to play bridge. If you are interested in learning bridge you do not have to have any prior knowledge of card games and whereas it is a partnership game, you can come along to classes on your own and you will get to know other people in the class to play with.

What Benefits does Bridge bring?

Research has long shown that ongoing mental engagement can lower your risk of dementia. But the kind of social interaction and group get-togethers that bridge provides may also be a key to a longer, healthier life. A new report published by the National Academy of Sciences says "social isolation and loneliness are associated with increased mortality."

Benefits:

The game has benefits for older adults as well. Over the years, several research studies found that "Playing chess, bridge or a musical instrument significantly lowers the risk of developing Alzheimer's disease or other forms of dementia." If you're neither young, nor at risk of Dementia, there are still benefits. A study found that playing contract bridge leaves people with higher numbers of immune cells.

Partnership game:

Bridge is a partnership game where you and your partner have to work as a team and good communication is essential. It is this human factor that sets it apart from other games. People enjoy how bridge makes them interact with others.

Social:

Bridge is first and foremost a social game that is fun to play. It is inexpensive as you can play at your local club, where you'll enjoy a three-hour session of bridge for just 5 euro. Bridge can be a lifelong pursuit. It takes only a little knowledge to begin playing and enjoying bridge, however, no matter how many years you play, the learning process will never end. Bridge is one of the best ways to practice the "use it or lose it" advice for maintaining mental sharpness in older age.

These are just some of the reasons that keeps people coming back to the bridge table, and it's why bridge will always be the world's most popular card game.

If your club has a Charity Night or other special event or photos that you would like us to put on our website or in the Saturday Echo column please let me know at southmunsterbridgeresults@gmail.com

BRIDGE CLASSES FOR BEGINNERS:

Cork Bridge Club, 36 Patrick's Quay, Cork starts on September 19 2019 @7:30. €100 for 12 lessons. Experienced teacher. Small groups. Contact Tadhg at 086 1024045. Or email corkbridgeclub@gmail.com

Ballinhassig Bridge Club: Bridge lessons for beginners starting Monday nights in Ballinhassig area and Wednesday nights in Kinsale Community School. Contact Bernie on 0872575689 for details.

Mallow Bridge Club: Bridge lessons for beginners will commence on Monday nights from the 16th Sept. Bridge lessons for Improvers will commence on Thursday mornings from the 18th Sept. Enquiries to Margaret at 0857396094 or Mary at 0868160437.

SUMMER BRIDGE

Ballinhassig Bridge Club – Open to everyone on Thursday nights 7.15 pm until end of August in the Marian Hall.

Bantry Bridge Club – The Maritime Hotel. Wednesday night at 7.45pm. All visitors welcome.

Cork Bridge Club: All non-members welcome on Monday, Wednesday or Fridays night at 7.30p.m. The proceeds from the Wednesday nights will be given to charity.

Curragherowley Bridge Club – Open to non-members . 7.30pm Tuesday nights until end of August..

Montenotte Bridge Club. - Monday nights at 7.25 pm at Glen Resource Centre. Non-members welcome. Parking, tea & coffee available.

Schull: - Monday nights at The Satellite Centre (Behind the Catholic Church) @ 8pm.

Skibbereen:- Thursday at Abbeystrewery Hall by the old Mart @ 7.45pm.

If any other clubs would like to be included on the website or in this column, please email details to me at southmunsterbridgeresults@gmail.com

CLUB RESULTS

BALLINHASSIG BRIDGE CLUB: 01.08: 1 Mags Flynn & Mary Wycherley, 2 Marion Mallinson & Anne Fitzsimons, 3 Ann Collins & Angela Clifford, 4 Mona O Hanlon & Chris Healy, 5 Jerry & Marcia Wrixon, 6 Pauline Coomey & John Fleming, 7 Ena Spillane & Teresa Aherne.

BANTRY BRIDGE CLUB: 07.08: 1 Goeran Mattsson & Karl Hollman, 2 Owen Dineen & John Linehan 3 Brendan O'Dwyer & Noel Bourke, 4 Caroline O'Regan & Nick Addey, 5 Geraldine Flynn & Eliza McCarthy, 6 Lill Moberger & Noel Walsh.

CORK BRIDGE CLUB: Charity Night: 07.08.19 Charity: N/S. 1 Kay Clement & Edel Murphy, 2 Deirdre O'Driscoll & Ronnie O'Shaughnessy, 3 Mary Barrett & Mary Shanahan, 4 Marie Sheehan & Marion Kennefick, E/W: 1 Teresa Leggett & Imelda Cullinan, 2 Fionn O'Leary & Deirdre O'Leary, 3 Ronnie Keane & Eileen O'Donovan, 4 Joe Higgins & Michael Lavelle. **09.08:** 1 Verna Brownlow & Geoff Roberts, 2 Carmel Connolly & Breege Cosgave, 3 Declan O'Brien & Pat O'Mahony, 4= Edel Murphy & Pearl O'Connell, 4= Fionn O'Leary & Alice O'Brien. **12.08:** 1 Pat O'Mahony & Tess O'Hara, 2 Joan Smith & Breege Cosgrave, 3 Michael Delaney & Patricia Carr, 4 Marie Sheehan & Tess Murphy.

CURRAGHCROWLEY BRIDGE CLUB. 13.08. Lower Section: 1 Margaret Ryan & Lucia Murphy, 2 Paula O'Sullivan & Martin Scully, 3 Eileen O'Donovan & David O'Brien, 4 Alma Murphy & Deirdre Moloney, 5 Moira O'Sullivan & Anita Murray, 6 Jerry O'Flynn & Jerry O'Mahony. Upper Section: =1 Ken Kennedy & Mary Fitzgerald, =1 Noreen Corcoran & Rona Walsh, 3 Shelia Cummins & Betty Lucey, 4 Kathleen O'Sullivan & Pat Crowley, 5 Mary Callanan & Pat O'Donoghue, 6 Vi Kiernan & Maureen Collins.

MALLOW BRIDGE CLUB: 07.08: 1 Margaret Hanley & Ann O'Keeffe, 2. Marie Dalton & Mary C Higgins, 3 Patricia Buckley & Lily Reidy, 4 Liam O'Driscoll & Anna Hennessy.

DATES FOR YOUR DIARY – 2019

August 30th . Bray Congress @ The Royal Hotel. Friday 7:30 Mixed Pairs / Gala Pairs / Novice Pairs / Inter B Pairs Saturday 13:00 Congress Pairs / Intermediate Pairs (2 Session). Sunday 11:00 Congress Teams / Intermediate Teams (2 Session)
4-6th September 2019. North Kerry Bridge Congress.
28th Sept. Fermoy Gala Day: Sat Sept 28th Cork Mart & Conference Centre, Rathcormac, Fermoy.
6th October: Munster Pairs: Sun October 6th 12:00 pm Limerick Bridge Centre.
20th October: Intermediate A & B Teams: Sun October 20th 12:00 pm Cork Bridge Club.
3rd November: Intermediate A & B Pairs: Sun Nove 3rd. 12:00 pm Cork Bridge Club.
8th November: Kenmare Bridge Congress: Nov 8th -10th. Kenmare Bay Hotel.
15th November: Weekend of Social Bridge: Nov 15th -17th. Muckross Hotel, Killarney.